

# RESOURCES

## ABUSE (PHYSICAL/SEXUAL)

**Assaulted Women's Helpline**  
Crisis line: 1-866-863-0511  
www.awhl.org

**Bruce Grey Child and Family Services**  
(Bruce and Grey Children's Aid Societies amalgamated April 1, 2012)  
1-855-322-4453

**Keystone Child, Youth & Family Services**  
1-800-567-2384; 519-371-4773  
kcyfs@bmts.com or keystonebrucegrey.org  
Owen Sound

**Saugeen First Nation - Kabaeshiwim  
Respite Women's Shelter**  
519-797-2521  
cgeorge@saugeenfirstnation.ca  
www.saugeenfirstnation.ca

**Sexual Assault and Partner  
Abuse Care Centre**  
Grey Bruce Health Services  
1-888-525-0552 or www.gbhs.on.ca  
Owen Sound

**Victim Services Bruce Grey  
Perth**  
Crisis: 1-866-376-9852  
Administration: 1-888-577-3111  
info@victim-services.com  
www.victim-services.com

**Victim/Witness Assistance Program**  
Owen Sound - 1-866-259-4823  
Walkerton - 1-866-994-9904  
attorneygeneral@ontario.ca  
http://bit.ly/ujKyeE

**Women's Centre (Grey and Bruce)**  
Administration: 519-376-0755  
Crisis: 1-800-265-3722  
womenscentre@bmts.com  
www.bmts.com/-womenscentre  
Owen Sound

**Women's House Serving Bruce and Grey**  
Sexual assault crisis: 1-866-578-5566  
Crisis line: 1-800-265-3026  
Administration: (519) 396-9814  
crisis@whsbg.on.ca  
www.whsbg.on.ca  
Kincardine

## BREASTFEEDING

**Brockton and Area Family Health Team**  
1-866-507-2021 or 519-881-1920  
RN/certified Lactation Consultant available  
www.bafht.com  
Walkerton

**Grey Bruce Health Unit**  
1-800-263-3456  
publichealth@publichealthgreybruce.on.ca  
www.publichealthgreybruce.on.ca  
Owen Sound

**Hanover Family Health Team**  
RN/Certified Lactation Consultant  
519-506-4348  
www.hanoverfht.ca

**La Leche League Canada**  
Referral Service: 1-800-665-4324  
Hanover/Walkerton - 519-364-3316  
Owen Sound - 519-376-5916  
www.lllc.ca

**Moms Walkerton**  
New Mom support  
320 Durham St., Walkerton; 519-379-6769

**Support groups**  
Southampton, Port Elgin, Paisley, and Tara -  
519-797-2010  
Kincardine, Ripley, Tiverton, and Lucknow -  
519-368-4847  
South-Bruce Breastfeeding Buddies -  
519-881-1920  
Wiarton and Bruce Peninsula - 519-534-0912  
Markdale - 519-369-3381  
Owen Sound - 519-372-1330

## CHILDBIRTH

**Empowering Doula Care**  
Emotional, physical and information support  
for women and families  
519-955-0515  
empoweringdoulacare@gmail.com

**Hanover and District Hospital Obstetrics/  
Family Centred Care Birthing Centre**  
519-364-2340  
admin@hanoverhospital.on.ca  
www.hanoverhospital.on.ca

**Midwives Grey Bruce**  
519-371-2886  
www.midwivesgreybruce.com  
Owen Sound

**Owen Sound Hospital Labour and Delivery**  
519-376-2121  
www.gbhs.on.ca/owensound.php

**Walkerton Hospital Family Birthing Centre**  
519-881-1220  
www.sbgchc.on.ca

## CHILD CARE

**Acorn Montessori**  
705-606-1642  
Thornbury

**Amabel-Sauble Child Care Centre**  
519-422-3611  
Sauble Beach

**Beaver Valley Outreach**  
519-599-2577

**Bob's Playschool**  
519-538-5483  
Meaford

**Brooke Montessori Toddler Program**  
519-376-3447  
Owen Sound

**Bruce County Childcare Services**  
519-881-0431 or www.brucecounty.on.ca  
Walkerton

**Bruce Peninsula Family Centre**  
519-793-4100  
Lion's Head

**Chesley Nursery School**  
519-363-9544

**Durham Nursery School**  
519-369-6973

**Grey County Childcare Services**  
519-376-7324  
www.greycounty.ca/childcare

**Hanover Montessori Children's House**  
1-800-906-7036 or 519-364-6455

**Happy Hearts Day Care Centre**  
519-376-1284  
Owen Sound

**Inglenook Creche Day Care**  
519-371-9471; Owen Sound

**Kids & Us Community Childcare  
and Family Education Centres**  
Ayton - 519-665-2022  
Dundalk - 519-923-2182  
Durham - 519-369-9911  
Holstein - 519-334-3132  
Markdale - 519-986-3692  
Osprey - 519-922-2333  
Paisley - 519-353-7220  
www.kidsandus.ca

**Kids Street Nursery School - Port Elgin**  
519-389-9050

**Kinhuron Integrated Day Nursery School  
Co-op**  
519-396-4532  
Kincardine

**Le Jardin des decouvertes - Owen Sound**  
519-371-4411

**Military Family Resource Centre - Meaford**  
519-538-1371 x6753  
mfr.c.meaford@sympatico.ca  
www.mfr.meaford.com

**Meaford Co-operative Nursery School**  
519-538-3854

**Nawash N'Shiime Day Care Centre**  
519-534-3909  
Neyaashiinigmiing (Cape Croker)

**OneList - Find and apply for child care**  
brucecountychildcare.ca  
greycountychildcare.ca

**Queen of Hearts Nursery School**  
109 Balmy Beach Rd., Owen Sound  
www.queenofheartsnurseryschool.com

**Sandbox Daycare - Hanover**  
519-506-7263

**Saugeen First Nation G'Shaw-da-Gawin  
Day Care Centre**  
519-797-2419  
gshawdagawin@bmts.com  
www.saugeenfirstnation.ca

**Tobermory Primary Place**  
519-596-2606

**Unity House - Owen Sound**  
519-371-8686

**Viola Jean's Garden Daycare - Owen Sound**  
519-416-5633 or 519-371-2362

**Walkerton Day Care Centre  
and School Age Program**  
519-881-3123; wdcc@wightman.ca

**Warton Kids Den Day Care/Kids Club  
School age Program**  
519-534-4434

**Warton Nursery School**  
519-534-2121

**Wooden Hill Child Care Centre (La Colline  
De Bois) at Notre Dame School**  
519-376-6952  
Owen Sound

**YMCA Childcare**  
Arran Tara - 519-376-0484  
Hanover - 519-364-4938  
Kincardine - 519-396-9622  
Owen Sound - 519-376-0484  
Port Elgin - 519-832-6225  
Ripley - 519-395-5570  
ymcaowensound.on.ca

## DIET/NUTRITION

**EatRight Ontario**  
Ministry of Health Promotion and Sport  
1-877-510-5102; www.eatrightontario.ca

**Foodlink Grey Bruce**  
Find locally grown meat, fruit and produce  
www.foodlinkgreybruce.com

**Good Food Box**  
Grey Bruce Health Unit  
519-376-9420 or 1-800-263-3456  
publichealth@publichealthgreybruce.on.ca

**Grey Bruce Eat and Learn**  
School nutrition program  
bev\_gateman@bwdsb.on.ca or www.osnp.ca

**Grey Bruce Health Unit**  
1-800-263-3456  
publichealth@publichealthgreybruce.on.ca  
www.publichealthgreybruce.on.ca  
Owen Sound

**Hanover Family Health Team**  
Registered Dietitian  
519-506-4348; www.hanoverfht.ca

**Keystone Child, Youth & Family Services**  
1-800-567-2384, 519-371-4773  
kcyfs@bmts.com or keystonebrucegrey.org

## EDUCATION

**Academy of Learning - Owen Sound**  
1077 2nd Ave. E., Suite B (2nd floor)  
519-371-6188 or www.academytraining.ca

**Adult Learning Centres**  
Collingwood, Port Elgin, Markdale, Owen  
Sound, Walkerton, Warton  
www.adultlearningcentres.com

**Bluewater District School Board**  
1-800-661-7509 or www.bwdsb.on.ca

**Bruce-Grey Catholic District School Board**  
519-364-5820 or www.bgcdsb.org

**Conseil Scolaire Catholique Providence**  
(French Catholic School Board)  
1-888-768-2219; www.cscprovidence.ca

**Edgehill Country School, Durham**  
www.edgehill-school.com

**Georgian Tutors**  
www.georgiantutors.com

## EMPLOYMENT SERVICES

**LiveGreyBruce**  
www.livegreybruce.ca

**VPI Employment Strategies (Walkerton)**  
519-881-4900 or 1-855-260-4900  
jobswalkerton@vpi-inc.com  
www.vpi-inc.com

**YMCA Employment Services**  
1450 1st Ave. W., Suite 4A, Owen Sound  
519-371-9222  
employmentservices@ymcaowensound.on.ca

## FAMILY SUPPORT

**211 Ontario**  
Online database of services in your area  
www.211ontario.ca

**Big Brothers Big Sisters**  
Owen Sound - 519-376-4449  
www.bigbrothersbigsisters.ca/bbowensound  
Kincardine - 519-396-3565  
www.bigbrothersbigsisters.ca/kincardine

**Bruce Grey Child and Family Services**  
1-855-322-4453; www.bgcfcs.ca

**Bruce Grey Mentorship**  
504 10th St. Suite 2, Hanover  
519-506-5065; www.brucegreymentorship.ca

**Chippewas of Nawash Unceded First Nation  
- Native Child Welfare - Cape Croker**  
519-534-3818; supervisor.ncw@gbtel.ca  
www.nawash.ca

**Family Support Initiative**  
Fosters networking and peer support among  
family of those with mental health issues  
519-371-4802 or fsi@hopegb.org  
www.mhagb.ca

**Grandparent Network**  
For grandparents raising grandchildren  
Meets first Monday of month at 9:30 a.m.  
Bayview Public School, 615 6th Ave. E.,  
Owen Sound  
Call Mary Nuckowski at 519-371-2498

**Grey Bruce Supervised Access Program**  
519-371-5991; pc-superacc@bmts.com  
www.supervisedaccess.ca  
Owen Sound

**Kids Help Phone**  
1-800-668-6868 (24 hours)  
www.kidshelpphone.ca

**Lesley Holm - Youth and Family Counselling**  
519-270-8790; holmesley@gmail.com

**Motherisk - Hospital for Sick Children**  
1-877-327-4636; www.motherisk.org

**Multiples in Bruce**  
For families with or expecting multiples  
http://multiplesinbrucecounty.webs.com

**Nemesis Group Services**  
Owen Sound; 519-372-2425  
www.nemesisgroupservices.com

**Parent Help Line**  
1-888-603-9100

**Penetangore Wellness**  
Art and family therapy  
www.penetangorewellness.com

**Salvation Army**  
Hanover - 519-364-3450  
Owen Sound - 519-371-0957  
Port Elgin - 519-389-3942  
Warton - 519-534-0353

**Victim Services Bruce Grey  
Perth**  
Crisis: 1-866-376-9852; Admin: 1-888-577-3111  
info@victim-services.com;  
www.victim-services.com

**Victim/Witness Assistance Program**  
1-866-259-4823 - Owen Sound  
1-866-994-9904 - Walkerton  
attorneygeneral@ontario.ca  
http://bit.ly/ujKyeE

## FINANCIAL SUPPORT

**Beaver Valley Outreach (Thornbury)**  
519-599-2577; info@bvo.ca; www.bvo.ca

**Bruce Children are Special Foundation**  
Directs donations to the children programs  
provided by Bruce Grey Child and Family  
Services (formerly Children's Aid)  
1-855-322-4453 ext 4133

**Social Services**  
Grey County - 1-800-265-3119  
www.grey.ca/health-social-services/  
Owen Sound  
Bruce County - 1-800-265-3005  
www.brucecounty.on.ca/ontworks.php  
Walkerton

**United Way of Bruce Grey**  
519-376-1560 or manager@unitedwaybg.com  
www.unitedwayofbrucegrey.com

**YMCA of Owen Sound and Grey/Bruce**  
519-376-0484 or ymcaowensound.on.ca

## FOOD BANKS/HOUSING

**Beaver Valley Outreach - Thornbury**  
519-599-2577  
info@bvo.ca or www.bvo.ca

**Durham District Food Bank**  
Monday, Tuesday, Friday, 9 a.m.-noon  
Call 519-369-6860 and leave message

**Flesherton and Area Food Bank**  
Marian Doyle, 519-599-3576

**Kincardine Ministerial Food Bank**  
519-396-2185 or circlek@bmts.com

**Lion's Head and District Food Bank**  
519-793-3860 or helen.rick@amtelecom.net

# RESOURCES

**Markdale and District Food Bank**  
519-986-3094

**Meaford Food Bank**  
519-538-4550

**Paisley Food Bank**  
Immanuel Evangelical Mission Church  
307 Balaclava St.; 519-353-5270 (Carol)

**Salvation Army**  
Hanover - 519-364-3450  
Owen Sound - 519-371-0957  
Port Elgin - 519-389-3942

**Tobermory Food Bank**  
519-596-1501

**Walkerton and District Food Bank**  
519-881-0168

**Warton Food Bank**  
519-534-0353

**Habitat for Humanity Grey Bruce**  
1-866-771-6776 or habitatos@bmts.com  
www.habitatgreybruce.com

**Ontario Tenants Rights**  
ontariotenants@hotmail.com  
www.ontariotenants.ca

**Safe 'n Sound Homelessness Initiative**  
519-470-7233  
www.safesoundgreybruce.com

**Subsidized housing**  
Bruce County - 1-800-265-3022  
www.brucecounty.on.ca/socialhousing.php  
Grey County - 376-5744  
Online: http://bit.ly/vVG1k0

## HEALTH CARE

**Auditory Health Care**  
202 Cayley St., Walkerton  
519-881-4994 or info@auditoryhealthcare.com

**Brockton and Area Family Health Team**  
1-866-507-2021 or www.bafht.com  
Walkerton

**Canadian Mental Health Association  
Grey-Bruce Branch**  
Administration - 519-371-3642  
Crisis: 1-877-470-5200  
jralph@cmhagb.org; www.cmhagb.org  
Owen Sound

**Collingwood General and Marine Hospital**  
705-445-2550 or www.cgmh.on.ca

**ConnexOntario Help Lines**  
Free, confidential, 24-7 helplines via phone,  
webchat or email  
Drug and alcohol - 1-800-565-8603  
Gambling - 1-888-230-3505  
Mental health - 1-866-531-2600  
www.connexontario.ca

**Grey Bruce Health Services (hospitals)**  
Lion's Head - 519-793-3424  
Markdale - 519-986-3040  
Meaford - 519-538-1311  
Owen Sound - 519-376-2121  
Southampton - 797-3230  
Warton - 534-1260  
www.gbhs.on.ca

**Grey Bruce Health Unit - Owen Sound**  
1-800-263-3456  
publichealth@publichealthgreybruce.on.ca  
www.publichealthgreybruce.on.ca

**Hanover and District Hospital**  
519-364-2340/info@hdhospital.ca  
www.hdhospital.ca

**Healthy Babies, Healthy Children**  
Grey Bruce Health Unit  
519-376-9420 or 1-800-263-3456  
www.publichealthgreybruce.on.ca

**Hanover Family Health Team**  
519-506-4348 or dford@hanoverfht.ca  
www.hanoverfht.ca

**Healthy Smiles Ontario**  
Dental for families making under \$20,000/yr  
Register through the health unit  
Online: http://bit.ly/JAqjBY

**Homefront First Aid and Emergency Training**  
Janine Donaldson - Red Cross Training Partner  
519-444-8164 or homefrontfirstaid@gmail.com

**Honouring Life Network**  
Aboriginal youth suicide prevention  
www.honouringlife.ca

**HopeGreyBruce - Owen Sound**  
Mental Health and Addiction Services  
519-371-4120 or www.mhagb.ca/gbchc/

**Huron Shores Foot Clinic - Kincardine**  
Orthotics, footcare, podiatrist, chiroprapist  
519-396-3500

**Keystone Child, Youth & Family Services**  
1-800-567-2384 or 519-371-4773  
kcyfs@bmts.com or keystonebrucegrey.org

**Kids Help Phone** (24 hours)  
1-800-668-6868 or www.kidshelpphone.ca

**Kincardine Family Health Team**  
Kincardine - 519-396-2700  
Ripley - 519-395-2601  
www.kincardinefht.ca

**Lesley Holm - Youth and Family Counselling**  
519-270-8790; holmlsley@gmail.com

**Mino Bimadsawin Health Centre**  
57 Mason Dr., Saugeen First Nation  
519-797-3336

**M'Wikwedong Native Cultural Resource  
Centre - Owen Sound**  
1-866-202-2068 or admin@mwikwedong.com  
www.mwikwedong.com

**Optimize Healing Centre, Port Elgin**  
Neurodevelopment specialists  
519-832-1515 or info@optimizehealing.com  
www.optimizehealing.com

**Owen Sound Crisis Pregnancy Centre**  
1-888-371-2004 or oscpc@wightman.ca

**Pediatric clinics**  
Hanover - 519-364-2340  
Kincardine - 519-396-3331  
Markdale - 519-986-3040  
Owen Sound - 519-376-2121  
Walkerton - 519-881-1220

**Penetangore Wellness**  
Art and family therapy  
www.penetangorewellness.com

**Physiotherapy III - Pediatric Physiotherapy  
Healing Waters Clinic**  
318383 Grey Rd 1,  
Owen Sound;  
519-370-2333; healingwaters@physio3.com

**Poison Control Centre**  
1-800-268-9017

**Postpartum depression**  
Grey Bruce Health Unit - 1-800-263-3456  
Keystone Child, Youth and Family Services -  
1-800-567-2384

**South Bruce Grey Health Centre (hospitals)**  
Chesley - 519-363-2340  
Kincardine - 519-396-3331  
Durham - 519-369-2340  
Walkerton - 519-881-1220  
www.sbgchc.on.ca

**South East Grey Community Health Centre**  
55 Victoria St., Markdale  
519-986-2222 or 1-855-519-2220  
info@segchc.ca or www.segchc.ca

**St. John Ambulance First Aid training**  
Seasonal  
519-364-7004 or grey.bruce@on.sja.ca  
Online: http://bit.ly/t3Ye8g  
Hanover and Owen Sound

**TeleHealth Ontario**  
1-866-797-0007

**Thames Valley Children's Centre**  
519-396-3360 or 1-866-590-8822  
www.tvcc.on.ca

## LIBRARIES

**Blue Mountains Public Library/  
L.E. Shore Memorial Library**  
Thornbury  
519-599-3681 or thebluemountainslibrary.ca

**Bruce County Public Library**  
Online catalogue - opac.brucecounty.on.ca  
Administrative office - 519-832-6935 or  
libraryinfo@brucecounty.on.ca  
Cargill - 519-366-9990  
Chesley - 519-363-2239  
Kincardine - 519-396-3289  
Lion's Head - 519-793-3844  
Lucknow - 519-528-3011  
Mildmay - 519-367-2814  
Paisley - 519-353-7225  
Port Elgin - 519-832-2201  
Ripley - 519-395-5919  
Sauble Beach - 519-422-1283  
Southampton - 519-797-3586  
Tara - 519-934-2626  
Teeswater - 519-392-6801  
Tiverton - 519-368-5655  
Tobermory - 519-596-2446  
Walkerton - 519-881-3240  
Warton - 519-534-2602

**Collingwood Public Library**  
519-445-1571; www.collingwoodpubliclibrary.ca

**Dundalk/Southgate Public Library**  
519-923-3248 or http://southgate-library.com/

**Grey Highlands Public Library**  
Flesherton - 519-924-2241  
Kimberley - 519-599-6990  
Walter Harris Memorial Library (Markdale) -  
519-986-3436; greyhighlandspubliclibrary.com

**Hanover Public Library**  
519-364-1420 or www.hanoverlibrary.ca

**Meaford Public Library**  
519-538-1060  
www.meaford.ca/meaford-library-home.html

**Owen Sound and North Grey  
Union Public Library**  
519-376-6623; www.owensound.library.on.ca

**West Grey Public Library system**  
www.westgreylibrary.com  
Durham (main) branch - 519-369-2107  
Elmwood and area - 519-363-3321  
Neustadt - 519-799-5830  
Ayton/Normanby - 519-799-3242

## MUSEUMS

**Billy Bishop Heritage Museum - Owen Sound**  
519-371-0031 or www.billybishop.org

**Bruce County Lighthouse Museums**  
Seasonal  
Cabot (Lion's) Head - 519-795-7780  
Chantry Island (Southampton) - 866-318-8889  
Kincardine - 519-396-3468  
Point Clark - 519-395-2494

**Bruce County Museum, Cultural Centre &  
Archives - Southampton**  
519-797-2080 or www.brucemuseum.ca

**Bruce Peninsula Visitors Centre**  
519-596-2233 or http://bit.ly/rQQFf6  
Tobermory

**Bruce Power Visitors' Centre**  
519-361-7777; www.brucepower.com

**Chesley Heritage & Woodworking Museum**  
519-363-9837

**Craigleith Heritage Depot - Thornbury**  
519-599-3131  
www.thebluemountains.ca/Craigleith-Heri-  
tage-Depot.cfm

**Grey Roots Museum & Archives**  
Includes county's archives  
1-877-GREY ROOTS; www.greyroots.com  
RR4 Owen Sound

**Meaford Museum**  
519-538-5974  
www.visitmeaford.com/meaford-museum.html

**Owen Sound Marine and Rail Museum**  
519-371-3333  
www.marinerail.com

**Paddy Walker Heritage Society - Kincardine**  
519-396-1850  
www.walkerhousekincardine.com

**South Grey Museum - Flesherton**  
519-924-2843 or museum@greyhighlands.ca  
www.southgreymuseum.ca

**St. Edmunds Township Museum - Tobermory**  
519-596-2479 or online http://bit.ly/vEdicK

**Tobermory Maritime Association**  
519-596-2700; www.tobermorymaritime.ca

**Treasure Chest Museum - Paisley**  
519-353-7176 or http://bit.ly/1PjT5ID

## ONLINE SUPPORT

**www.211.ca**  
**www.pathwaysawareness.org**  
**www.mentallyfit.ca**  
**www.shelternet.ca**  
Directory of women's shelters across Canada  
**www.targetyouth.ca**  
**www.thehealthline.ca**  
**www.wesforyouthonline.ca**

## PLAYGROUPS

**Kincardine Toy Library and Playgroup**  
249 Bruce Ave.; Wednesday, 9:30-11:30 a.m.

**Pine River Moms**  
519-389-7136; jill.ricca@gmail.com.  
Thursdays during school year, info on FB

**EarlyON Child and Family Centres**  
Hanover - 519-376-8808  
Kincardine - 519-396-3322  
Markdale - 519-986-3692  
Meaford - 519-538-0545  
M'Wikwedong (Owen Sound) - 519-371-1147  
Owen Sound (East Ridge) - 519-371-7034  
Port Elgin - 519-389-5762  
Thornbury - 519-599-2577  
Walkerton - 519-881-2739  
Warton - 519-534-5550

## SPECIAL NEEDS

**Autism Ontario Grey Bruce Chapter**  
226-787-0333 or marti@autismontario.com  
http://bit.ly/tO6kam; Owen Sound

**Autism Parent Support Group**  
Community Living Kincardine & District  
519-396-9434 or www.clkd.ca

**Bruce County Childcare Services**  
1-800-265-3005 or www.brucecounty.on.ca  
Walkerton

**Bruce Peninsula (Warton) Association  
for Community Living**  
519-534-0553

**Community Living Kincardine & District**  
519-396-9434; www.clkd.ca

**Community Living Meaford**  
519-538-4165

**Community Living Owen Sound  
and District**  
519-371-9251 or communitylivingowensound.ca

**Community Living Walkerton & District**  
519-881-3713 or www.clwalkerton.org

**Georgian Riding Association  
for Challenged Equestrians**  
519-372-2721; grace@log.on.ca  
Wicklen Stables, RR5 Owen Sound

**Hope Haven Therapeutic Riding Centre**  
519-986-1247  
www.hopehavencentre.org

**Keystone Child, Youth & Family Services**  
Owen Sound; 1-800-567-2384  
kcyfs@bmts.com or keystonebrucegrey.org

**PRANCE Therapeutic Riding Centre**  
519-832-2522 or prance@bmts.com  
Miramichi Farms, Hwy. 21 Port Elgin

**Reading Rescue Ontario**  
519-794-4745 or soehner@bmts.com  
www.readingrescueontario.ca  
Holland Centre

**South Grey Bruce Youth Literacy Council**  
519-364-0008 or info@sbyouthliteracy.org  
www.sbyouthliteracy.org  
Hanover

**Special Therapy and Education  
Program of Saugeen (STEPS)**  
519-797-1935  
info@stepsahead.ca; www.stepsahead.ca  
Southampton

**Thames Valley Children's Centre**  
519-396-3360, 1-866-590-8822  
Paula.Holla@tvcc.on.ca or  
Clare.Matthews@tvcc.on.ca  
www.tvcc.on.ca

**United Way of Bruce Grey**  
519-376-1560; unitedwaybg@bmts.com  
www.unitedwayofbrucegrey.com/  
Owen Sound

## SPEECH/LANGUAGE

**Bruce County Childcare Services**  
1-800-265-3005; www.brucecounty.on.ca  
Walkerton

**Closing the Gap Healthcare Group  
Rehab Express Grey Bruce**  
1-866-990-9901 or www.closingthegap.ca  
Owen Sound

**Grey Bruce Health Unit - Owen Sound**  
1-800-263-3456  
publichealth@publichealthgreybruce.on.ca  
www.publichealthgreybruce.on.ca

**South West Community Care Access Centre  
In-Home Services**  
Owen Sound - 519-371-2112  
Walkerton - 519-881-1181  
www.sw.ccac-ont.ca

**VOICE for Hearing Impaired Children**  
Support, speech and language therapy  
Grey/Bruce chapter is free to families  
www.voicefordeafkids.com

## WISH PROGRAMS

**Children's Wish Foundation of Canada**  
1-800-267-9474  
on@childrenswish.ca or www.childrenswish.ca  
Ajax, ON

**Make-A-Wish - Southwestern Ontario Chapter**  
519-471-4900 or www.makeawishsw.org  
London, ON